

Check out the Redbridge & District U3A website www.redbridge.u3asite.uk

Up dated information and pictures featuring both LOCAL activities and events organised by London and National U3A. And don't forget our Facebook page.

Message from the Chair

As we move further into July, it's time to turn our attention away from the excitement of the World Cup and Wimbledon and focus on renewing our Redbridge u3a membership for **August 2026 – July 2027**. The Renewal Form is an attachment with this mailing.

We continue to believe that Redbridge u3a offers excellent value, especially when members make use of the wide range of activities available. While some groups are currently full, please do join the waiting list — or even consider starting a new group. It's easier than you might think, and we're always happy to support you.

We are also keen to hear from anyone with **IT experience** who could assist our Communications Group, as well as members who might be interested in joining our **Committee**. If you'd like to attend one of our meetings to see what we do, please contact me — we'd be delighted to welcome you.

We are missing some groups such as Bridge and Languages. What new groups would *you* like to see added? Please share your ideas — your input shapes our future.

SAVE THE DATE: Sunday 11th October – Tea Time Quiz – Details in this Newsletter

Warm regards

Stuart Wallman

Chair, Redbridge u3a

NEXT THREE MONTHLY MEETINGS

MONDAY 27TH JULY - ANDY SMITH - MYSTERIES & CONUNDRUMS

Andy is a Performance Poet, Entertainer and Author who engages his audience with stimulating poetry and commentary ... interspersed with humour, thought-provoking insights and the occasional smattering of history. Andy also presents the lighter side of disability whilst motivating audiences of all ages and abilities.

MONDAY 24TH AUGUST - BILL LINDSAY - TALKING ABOUT HIS ILLUSTRIOUS FOREFATHER

William Schaw Lindsay started life as a poverty-stricken orphan and became a shipping tycoon by his late 30's. He met Abraham Lincoln and Isambard Kingdom Brunel amongst many other celebrities! He also became an MP later in life. Come and hear his fascinating story.

MONDAY 28TH SEPTEMBER ROB EASTAWAY's talk is called "Much Ado About Numbers"

This is the fascinating history of how Shakespeare was influenced by the mathematical world of Elizabethan England. Shakespeare lived in a period of exciting mathematical innovations, from arithmetic to astronomy, and from probability to music. Remarkably, many of those innovations are mentioned, or at least hinted at in his plays.

Monthly Meetings are held at Wanstead Library, Spratt Hall Road E11 2RQ.

Wanstead Buses. Wanstead Station and Grove Park Car Park 6 mins walk. Library Car Park card only. £2.00 for members. £3.00 Visitors incl. refreshments.

GROUP NEWS

NEW GROUP - FLOWER ARRANGING

Katie (Andrea's daughter) is a florist and has offered to start a flower arranging group. If you would be interested in attending, please call Andrea to discuss further. If necessary, leave a message with your number and Andrea will make contact. Classes could be a one off, a few or a regular group. Katie can teach different aspects of flower arranging such as bouquets or in a vase. The cost will just be to pay for the flowers which you will take home afterwards. The day of the week and time to be arranged but this group will take place at Oaks Lane.

SUNDAY PUB LUNCH

Our next pub lunch will be on 26th July at 1pm at the Beehive Harvester, Beehive Lane, Gants Hill. It's a popular venue and I look forward to seeing you there. Please let me know by Friday 24th if you would like to come so I can confirm numbers. Our August visit will be the George V in Cranbrook Rd Gants Hill. Hope you're all surviving this heatwave!!

MARQUETRY GROUP

We meet weekly at Oaks Lane on a Tuesday morning at 10.00 am. You will have the opportunity to create a 'picture' that means something to you. It could be a memorable scene from a past holiday or a picture for a grandchild's bedroom wall. You do not have to be an artist or have artistic skills, just come along - and join in the conversations of the day. Contact Ron Brown for more info.

SCRABBLE GROUP

We warmly welcome new members to have fun and improve their brain cells. Please note that Peter only has a mobile number now so don't try and contact him on his old landline.

Scrabble takes place at Oaks Lane every Monday 10.00-12.00.

LONDON THEATRE

Our Theatre group has one or two tickets left for the musical **Hadestown** on **Thursday 24th September 2026 at 2:30 pm** at The Lyric Theatre in Shaftesbury Avenue. Our seats are in the stalls and the price is £42.50.

Book by contacting me as soon as possible.

Lennart

FULL GROUPS WAITING LISTS

Can I please remind anyone who would like to join a group that is full to please phone the group leader and put your name on the waiting list. Our group leaders are very good at contacting waiting members. If any regular member doesn't attend, they will contact you to come along for that meeting. Additionally, people leave a group and you could be next in line. If you don't put your name down, you will never be next in line.

ARRIVING AT OAKS LANE

If you attend a group that meets at Oaks Lane can I please ask you to arrive no more than 15 minutes before your meeting is due to begin. Likewise, could you please leave reasonably promptly after the group has ended. The extended use of our room time has an impact on the room hire fees we pay. Much appreciated.

LOCAL NEWS

Redbridge Music Lounge has returned to Valentines Park Walled Garden

When: 26 July, 9 Aug, 6 Sept, 11 October - 11.00am to 4.30pm

Bring a picnic blanket and a picnic or purchase lunch at the cafe

FREE INFORMAL SESSIONS are still being offered by Age UK at their offices in Cranbrook Road, for those who want greater confidence using phone, tablet or laptop.

Contact Vivienne at vivienne.greeengrass@ageukrbh.org.uk or leave a message on 07946032332

TREASURER'S MESSAGE - WHEN PAYING FOR ANYTHING BY ONLINE BANKING:- Please always use your name and activity as the reference. Eg: Marilyn Hendleman - Keep Fit/Theatre/Subs, etc.

SAE TO HAVE NEWSLETTER SENT TO YOU

If you wish to have our Newsletter printed and posted to you, please provide Lynda Ingram, Membership Secretary, with a medium sized SAE.

For those without email, printed copies are available at Open Meetings.

Deadline for submission to September Newsletter is Friday 14 August

Send in your news or group publicity to comms@u3aredbridge.org.uk

Explore our website redbridge.u3asite.uk and our **Facebook** page.

Afternoon Quiz



We are organising a Quiz event in support of our wonderful Redbridge and District u3a run by our very own **Barry Shamplin** who as many of us know does the best quizzes!

The Quiz is to be held at OLRs
Oaks Lane, Newbury Park, Ilford IG2 7PL, on
Sunday 11th October 2026

Doors open at 2.30pm for a 3.00pm start (Ending approx. 5.30pm).

The cost will be **£18** per person and will include fresh bridge rolls, mini bagels, cakes, tea/coffee/water.

Open to members, non-members, friends, and families.

Table bookings are available for individuals or groups. Each table seats a maximum of 10 guests. If you are attending with a group, please book together where possible to help us arrange seating. To book please contact **Elaine Mitchell**



You can pay by:

* bank transfer – Redbridge Dist U3A – with the reference “surname”quiz

Sort Code: 60-50-09

Account No: 83190481

or

* by cheque made payable to Redbridge and District u3a and sent to Elaine Mitchell

or handed over at our August/September Monthly meetings (no later than Friday the 25th September). ***Once booked and paid for the cost is non-refundable.***

Committee Members - Executive

Stuart Wallman	Chair
Maureen Nieberg	Vice Chair
Lynda Ingram	Sec & Membership
Elaine Mitchell	Treasurer

Committee

Marilyn Hendleman	Group Co-Ordinator
Barry Shamplin	Speakers' Co-Ordinator
Evelyn Russell	Newsletter Editor
Denise Kaye	Outings & Events
Andrea Yeshin	Publicity
Maurice Nieberg	