

Singing for Fun with Wanstead & Woodford u3a



As our singing group has now closed, we have been offered to join the group that Wanstead & Woodford u3a have recently started.

The 'Singing for Fun' group has had about 3 sessions but is changing venue to the **South Woodford Methodist Church**, Derby Road, South Woodford.

It is usually on the first Friday of the month, but our pianist is on holiday on 4th September so we are going to start on **11th September**.

It will be from 12.30 until 2.30 pm.

The cost will be £16 for 4 sessions to cover the cost of the hire of the hall.

We will have a break from 1.15 until 1.45 approx. to have a cup of tea/coffee and a biscuit.

If you want to join the group, or if you require any further information, please contact **Val Lord** on 07806 093533 or lordval99@btinternet.com.

Coach trip to Richmond and the Poppy Factory with Waltham Forest u3a

Date: Wednesday 9th September

Cost: £15 Richmond only

£30 Richmond and the Poppy factory

Pick-up: 8.45 am at The Larkwood Harvester,
New Road, Chingford E4 9EY
There is parking very close by.

Richmond offers lots of green spaces, exclusive shops and a variety of restaurants.

You can walk by the Thames.

You can spend a relaxing enjoyable time there.



The Poppy Factory

For those of you who have chosen the Poppy Factory the visit will take approximately 2 hours leaving plenty of time for lunch and to explore Richmond .

The Poppy Factory is a National Charity helping to support veterans and their families.

Our visit includes a 30 minute presentation, an hour self-guided time in which you can explore the exhibition and have a go at poppy-making.

Please contact **Val Lord** for further information on 07806 093533 or lordval99@btinternet.com