

Check out the Redbridge & District U3A website www.redbridge.u3asite.uk

Up dated information and pictures featuring both LOCAL activities and events organised by London and National U3A. And don't forget our Facebook page.

If you have not yet renewed your membership, please do so now. It runs from August 1st 2026 to 31st July 2027. You can pay by bank transfer, cheque or card at our monthly meeting. It couldn't be easier. A renewal form is attached to this Newsletter. Currently Group Leaders are being requested to submit the names of those who attend their activities. Your membership fees are needed to ensure the continuation of Redbridge u3a. We believe that we offer excellent value, in light of the wide range of activities available. While some groups are currently full, please do join the waiting list, and you'll be contacted when there's a space.

Have you booked your place at our Afternoon Tea Quiz which is taking place at Oaks Lane, Sunday 11th October from 2.30 when doors open, to approx. 5.30. We are offering a catered cream afternoon tea, comprising bridge rolls, bagels, cakes and scones. Cost is £18.00 and helps support our u3a. Seats are going fast so please contact Elaine, our treasurer, so that you can start autumn with a fun afternoon.

The Committee are pleased to welcome 3 new Committee Members; Malini Makwana, Linda Segal and Patricia Gregory. We are sure that they will all be valued Committee Members, bringing new ideas and different perspective to our u3a.

Here's looking forward to a cooler September, with plentiful water supplies!

Regards
Evelyn

GUEST SPEAKERS FOR OUR NEXT THREE MONDAY MONTHLY MEETINGS

MONDAY 24TH AUGUST - BILL LINDSAY - TALKING ABOUT HIS ILLUSTRIOUS FOREFATHER

William Schaw Lindsay started life as a poverty-stricken orphan and became a shipping tycoon by his late 30's. He met Abraham Lincoln and Isambard Kingdom Brunel amongst many other celebrities! He also became an MP later in life. Come and hear his fascinating story.

MONDAY 28TH SEPTEMBER ROB EASTAWAY's talk is called "MUCH ADO ABOUT NUMBERS"

This is the fascinating history of how Shakespeare was influenced by the mathematical world of Elizabethan England. Shakespeare lived in a period of exciting mathematical innovations, from arithmetic to astronomy, and from probability to music. Remarkably, many of those innovations are mentioned, or at least hinted at in his plays.

MONDAY 26TH OCTOBER RICHARD PUSEY AND THE GUNPOWDER PLOT

This timely talk will get us prepared for Bonfire Night! Richard will give us the historical background to the famous 1605 plot to blow up the House of Lords and assassinate James I. Hear how the plot

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was discovered and the pursuit of the plotters. Richard is a London Tour Guide and also a retired surgeon, so you will hear all the gruesome details of the fate of the plotters, and lots more!!

We have a big turnout for these interesting meetings, so come and join in. There's time to socialise before and after tea. Do not arrive before 1.30.

Wanstead Library, Spratt Hall Road E11 2RQ.

Wanstead Buses. Wanstead Station and Grove Park Car Park 6 mins walk. Library Car Park card only. £2.00 for members. £3.00 Visitors incl. refreshments.

BOOK NOW! AFTERNOON TEA QUIZ - SUNDAY 11TH OCTOBER 2026 2.30-5.30 AT OAKS LANE – MEMBERS AND FRIENDS

JOB VACANCY!

We are seeking a new editor from February for this Newsletter, when I will be retiring after 3 years. If you might be interested in taking on this role, come and work with me now to see what's entailed. Contact: Evelyn Russell.

NEW MEMBERS WELCOME

Welcome to these new members and we hope to meet you at a group soon:

Beverly Rumney Wiseman - David Wiseman - Viviane Charles - Carrolle Jamieson - Jacqueline and Barry Brett - Marilyn and John Bernard - Angela Shad

GOODBYE TO JOAN WHEELER

Joan has been a Redbridge u3a member for over 30 years, and for much of that time has sat on the door registering people in for the Monthly Meeting. We are sorry you have decided to retire Joan, but thank you from all of us.

GROUP NEWS

SUNDAY PUB LUNCH

Hi Folks, hoping to see you at our next pub lunch, which will be held on Sunday 30th August at King George V pub, opposite Gants Hill Library Car Park, Cranbrook Road at 1pm. Please let me know by Friday 28th if you would like to join us.

Gill Barrett.

On 27th September, we plan to visit the Toby Carvery, Southend Rd. I will be on holiday then but (fingers crossed) Liz will be well enough to take the reins again. I know we've all missed her and can't wait to see her returned to good health.

MARQUETRY GROUP

We meet weekly at Oaks Lane on a Tuesday morning at 10.00 am. You will have the opportunity to create a 'picture' that means something to you. It could be a memorable scene from a past holiday or a picture for a grandchild's bedroom wall. You do not have to be an artist or have artistic skills, just come along - and join in the conversations of the day. Contact Ron Brown for more info.

SCRABBLE GROUP

We warmly welcome new members to come and have fun and improve their brain cells. Please note that Peter only has a mobile number now so don't try and contact him on his old landline. Scrabble takes place at Oaks Lane every Monday 10.00-12.00.

FULL GROUPS WAITING LISTS

If you who would like to join a group that is currently full, please phone the group leader and put your name on the waiting list. Our group leaders are very good at contacting waiting members. If any regular member doesn't attend, they will contact you to come along for that meeting. Additionally, people leave a group and you could be next in line.

u3a LONDON REGION EVENTS

Book a **GUIDED WALK** in September. Details available on our website from 20th August.

BRANDENBERG CHRISTMAS CONCERT Wednesday 2nd December 2-4 St Margaret Pattens Church, Eastcheap, bookable from 23 September

See Redbridge u3a website for full details.

DOOR PROCEDURE AT OAKS LANE

If you attend a group that meets at Oaks Lane, please arrive no more than 10 minutes before your meeting is due to begin and leave promptly at the end, so that we are not charged extra for room hire. The Group Leader or member of that group should stay by the door and admit known members of your group. Once the meeting commences, the door be will opened by the office through their security system buzzer.

LOCAL NEWS - DATES FOR YOUR DIARY

WEDNESDAY 30th SEPTEMBER – OLDER PERSON'S DAY

Pop-in between 10.00am-2.00pm Top Floor Ilford Exchange and find out what Redbridge can offer you. Our u3a will be one of the local organisations there. Come and say hello.

REDBRIDGE OUTDOOR ARTS – DANCE PERFORMANCES

Saturday 22 August 11am & 2pm - Ken Aston Square, Barkingside, plus art workshops

Sunday 23 August 1 & 3 pm - Ilford Town Centre

REDBRIDGE MUSIC LOUNGE has two more dates for this summer in Valentines Park Walled Garden 6 Sept, 11 October - 11.00am to 4.30pm. Bring a blanket and picnic or purchase lunch at the café.

AGE UK REDBRIDGE still offer **free** informal IT sessions at their offices in Cranbrook Road, for those who want greater confidence using phone, tablet or laptop. To reserve a place on their next course contact Vivienne at vivienne.greeengrass@ageukrbh.org.uk or leave a message on 07946032332

TREASURER'S MESSAGE - WHEN PAYING FOR ANYTHING BY ONLINE BANKING: Please always use your name and activity as the reference. Eg: Marilyn Hendleman - Keep Fit/Theatre/Subs, etc.

SAE TO HAVE NEWSLETTER SENT TO YOU

If you wish to have our Newsletter printed and posted to you, please provide Lynda Ingram, Membership Secretary, with a medium sized SAE.

For those without email, printed copies are available at Open Meetings.

Deadline for submission to October Newsletter is Friday 18th September

Send in your news or group publicity to comms@u3aredbridge.org.uk

Explore our website redbridge.u3asite.uk and our **Facebook** page.

Committee Members - Executive

Stuart Wallman	Chair
Maureen Nieberg	Vice Chair
Lynda Ingram	Sec & Membership
Elaine Mitchell	Treasurer

Committee

Marilyn Hendleman	Group Co-Ordinator
Barry Shamplin	Speakers' Co-Ordinator
Evelyn Russell	Newsletter Editor
Denise Kaye	Outings & Events
Andrea Yeshin	Publicity
Maurice Nieberg	
Malini Makwana	
Patricia Gregory	
Linda Segal	